



Intimate Care & Toileting Policy

Author	Amanda Brown
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Aspiring Foundations Federated Nursery Schools

Intimate Care and Toileting Policy

(including the disposal of nappies, aprons and gloves safely)

Aim

At Aspiring Foundations federated Nursery Schools we aim to meet the needs of all our children and promote their welfare. No child is excluded from participating in our Nursery School who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. We recognise and assist children with intimate care where needed, and ensure that the children are treated with courtesy, dignity, and respect at all times.

Intimate care is defined as care involving washing, touching or carrying out a procedure to intimate personal areas which some children may need support in doing because of their young age, physical difficulties or other special needs.

Where a child has intimate care needs, staff take responsibility to provide their care. We address issues on an individual basis.

Due to the developmental stages of the children that we work with, we support them with their personal care: reminding the children to go to the toilet, hygiene etc to develop their independence.

On some occasions, children come to our setting in nappies. We support children sensitively and with dignity in this matter. Also, from time to time some children will have accidents and need to be attended to. Parents / carers are asked to supply a bag of clean clothes for their child in a bag to be hung on their child's peg. However a supply of spare clothing is available if necessary and parents are asked to return this as soon as possible.

If a child has needed help with meeting intimate care needs (had an accident), this is treated as confidential and shared with the parents / carers in person at the end of the day.

Implementation

Staff training

All staff are knowledgeable about intimate care/personal care. They are aware of their responsibilities, relevant policies and procedures in place (including adhering to Child Protection, Health and Safety, Confidentiality). The designated employed adult is trained, DBS checked and has received training for very specific intimate care procedures where relevant. They follow the child's care plan and they undertake their duties in a professional manner at all times. They are fully aware of best practice including hygiene.

Intimate care / personal care plan

If a child requires regular assistance with intimate care linked to health issues, staff meet with the parents to discuss the child's needs and devise an agreed intimate /

personal care plan. Relevant health personnel are involved if needed. We monitor and review the plan on a regular basis.

Practice

The designated practitioners who provide the care form a strong, trusting relationship with the child. They ensure that it is a positive experience that is safe and comfortable for all. Whilst the child is having their needs met, it is treated as a time to converse and promote their personal development.

The child is encouraged to undertake as much of the procedure for themselves as possible, including washing intimate areas, dressing/undressing and hygiene.

Each nursery has a designated changing space which is used to attend to a child's intimate needs and to ensure privacy and modesty.

Most procedures are carried out by just the designated person. However, careful consideration is given to the child's individual circumstances to determine how many practitioners might need to be present when a child needs help with intimate care.

If a child is unhappy or anxious about the care being provided, the issue will be addressed to ensure that we continually meet a child's needs.

There is not a set time for nappy changing in the nursery school. This is carried out when the children need to be changed. Parents are asked to ensure that their child arrives in a clean nappy at the start of the session. The nappy is checked throughout the session and changed when needed.

Working with parents

We work closely with parents to identify and ensure we meet the child's needs. Cultural and religious values are respected when planning for their care. We seek to engage in regular communication with parents, and monitor and review any plan together.

Working with outside agencies

We work closely with outside agencies and utilise their knowledge and expertise where necessary. The SENCO, coordinates this approach.

Disposal of nappies, aprons and gloves safely

We have in place good hygiene practices when disposing of waste to stop infection.

We follow stringent nappy changing procedures to ensure the safe disposal of waste, see below.

Changing a nappy

- A clean disposable apron and gloves is worn every time a child is changed, after having washed their hands thoroughly.
- Whilst changing, children's skin is cleaned with a disposable wipe/creams if needed.
- Nappies and 'pull ups', gloves, aprons and wipes are disposed of hygienically and safely by double bagging and placing in a designated nappy bin.

This bin is emptied at the end of the day. We dispose of our waste in accordance with the Department of Health and Halton Borough council.